

Antoinette

MY STORY



Dear

EXPECTANT MOTHER,



I want to start by thanking you for considering me as a potential parent for your baby. I cannot imagine the weight of the decision you are facing, and I want you to know I am here to support you in any way I can. I want you to know I will always honor and respect the love and sacrifice you have made for your child.

If you choose me to be your baby's parent, I want you to know they will be loved and cherished beyond measure. I have always wanted to be a mother and have been preparing for this journey for a long time. I have a strong support system of family and friends who are eager to welcome a new addition to our family.

I realize adoption is a lifelong journey, and I am committed to being there for your child every step of the way. I will provide a stable and nurturing home where they can grow and thrive. I will encourage them to pursue their passions and dreams and be there to guide them through life's ups and downs.

Thank you again for considering me as a potential adoptive parent. I wish you all the best as you navigate this decision.

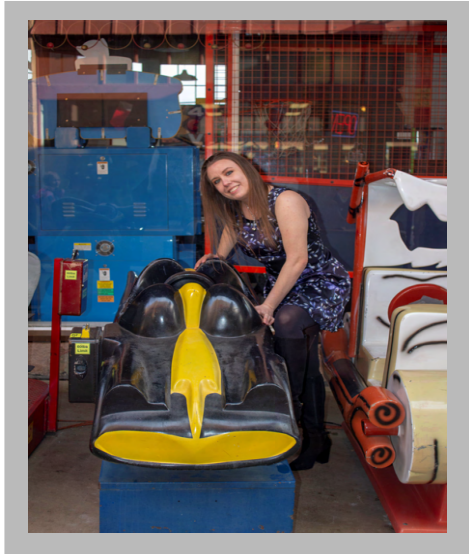
With Love,
Antoinette



WHAT LED ME TO ADOPTION

My journey to adopt a baby is a long and emotional one. It all started with a deep desire to become a mother and to provide a loving home. Deciding to adopt was a decision that came after much contemplation and soul-searching. As someone who had always dreamed of being a mother, I had to come to terms with the fact that after sustaining injuries from my combat deployments with the Army, I cannot conceive. I was determined to help children since I am unable to have my own.

I spent years in orphanages and refugee camps around the world teaching basic skills and providing mental health services.



China. Orphanage



Congo. Hospital



Moldova. Refugee Camp



In a world filled with both adversity and hope, my journey is a testament to the resilience of the human spirit. I found solace and purpose in helping neglected and abused and war torn children. I volunteered my time and energy to make a difference in the lives of those who had suffered unimaginable hardships. My empathy knew no bounds as I listened, comforted, and advocated for those in need.

The journey is not without its challenges, but I am grateful for the opportunity to become a mother and provide a loving home for a child.

ABOUT ME

I am a medical professional. Helping people is my biggest passion. I spent years volunteering for different organizations across the globe. I taught English in an orphanage in China and was an advocate helping human trafficked victims in various other countries. I was a court-appointed advocate for severely neglected and abused children in the U.S. foster care system, and a community outreach coordinator for victims of domestic violence, as well as many other volunteer services. I continue to volunteer as it is so important to me to fight for those who cannot fight for themselves. I'm so excited to become a mother and teach a child the beauty of our world and how to protect it and its people.

I work four days a week, two days I work from home and two days I sometimes go to the office and sometimes spend them at home. I will have six months of parental leave once the child is born, plus one and a half months of regular leave, one month of family leave and three weeks of overtime leave. My mother lives with me and does not work, she attends to all household matters when I am not there. She is very excited about having a baby in the house and helping the child grow. I have a housekeeper that is staffed by an agency, she has been fully vetted with an extensive background check, she will not be handling the child without supervision, but will be in the house for eight hours a day. I will also be hiring a live-in nanny with a background in child development and fully vetted. The agency in which I hire from is highly recommended, does extensive background checks, and it is mandatory that all nannies have a college degree in child development.

Drawing upon my own educational background, which includes my experiences at the University of Denver and Harvard, I understand the value and importance of education in shaping a person's future. I am dedicated to helping your child thrive academically. I will work closely with their teachers, provide them with resources and guidance, and create an environment that fosters a love for learning. I will encourage their curiosity, nurture their intellectual growth, and support their educational pursuits every step of the way. Education has always been a priority in our family, with my father having a legacy at Yale University and my sister making her mark at Stanford University. Your child will have the opportunity to attend these esteemed institutions as a legacy student. But also, be assured I understand academia is not for everyone, and the choice will be theirs. I have two sisters and my mother who did not attend university and they are immensely successful in their lives and career paths.

Lastly, I speak basic Arabic, Spanish, Mandarin and fluent in English. My housekeeper is fluent in Mexican/American Spanish. I am also requesting that the nanny speak English and either Arabic, Mandarin, Russian, French or Hindi. These are the languages of the United Nations, aside from Hindi which is the most spoken language in the world due to the population in India. I think that these are languages that would ultimately help a child's future. Having native speakers utilize these languages would help a child of wanderlust.

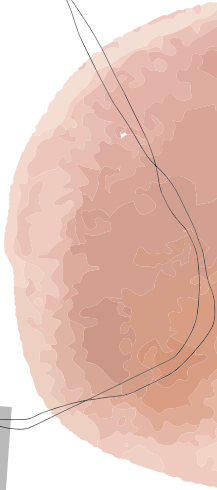


MORE ABOUT

Me



Sri Lanka, Ayurveda Retreat



Ocho Rios, Jamaica



RACE
Caucasian

OCCUPATION
Medical Professional

EDUCATION
Graduate degree

RELIGION
Catholic

FAVORITE SPORT
Martial arts

HOBBY
Cooking & traveling

FAVORITE TRADITION
Family reunions

FAVORITE MOVIE
Knives Out

DREAM VACATION
World cruise

FAVORITE HOLIDAY
Halloween

FAVORITE TV SHOW
Bob's Burgers

SUBJECT IN SCHOOL
Psychology



My Family.

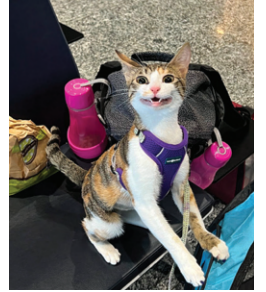


My extended family is a loving and supportive group of people who have always been there for me. My mom and stepdad have been my rocks throughout my life, always offering encouragement and guidance. My father is also an important figure in my life, and we have a close relationship despite living in different parts of the country. I have two sisters I am incredibly close to and cherish our sibling bond. In addition to my immediate family, I have a large extended family made up of many cousins, aunts, and uncles. We come together often for family gatherings and celebrations, and there is always an abundance of love and laughter. My aunts and uncles have played an important role in my life, providing additional support and guidance. They have always been there to offer advice and lend a listening ear. My cousins are like siblings to me, and we have created many cherished memories over the years.

I know my extended family will be an important part of my child's life, providing them with a sense of community and belonging. I am grateful for the love and support they have given me, and I cannot wait for them to welcome a new addition to our family with open arms.

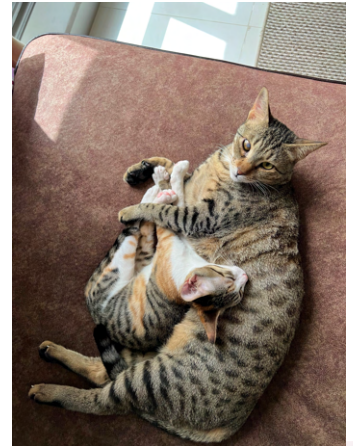


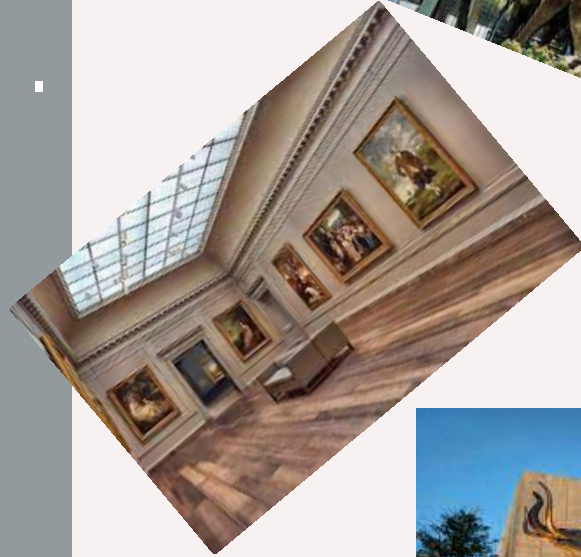
My Cats



Rescuing my cats, Kari and Zaharra, from Kuwait and bringing them to America was an incredible journey filled with love and determination. It all started when I found them in dire situations on the streets of Kuwait. Unable to resist their adorable faces, I made up my mind to give them a new life in a safe and loving environment. The process of bringing them to America was not easy, but with the help of a dedicated veterinarian and countless hours of paperwork, we were able to navigate the complex logistics. Finally, the day arrived when I held Kari and Zaharra in my arms and boarded the plane back home. The joy and relief in their eyes were priceless. Now, they enjoy a life of comfort, playfulness, and endless affection in their forever home in America. The bond we share is unbreakable, and I am forever grateful for the opportunity to give them a second chance at happiness.

The motivation behind bringing Kari and Zaharra from Kuwait to America was driven by compassion and a deep sense of responsibility towards animals in need. When I learned about their plights, I couldn't bear the thought of them living in uncertain and unfavorable conditions. I firmly believed that every living being deserves a chance at a better life, filled with love, care, and safety. By bringing them to America, I wanted to provide them with the opportunity to be part of a loving family and experience the comforts and security that they deserved. It was a decision fueled by empathy and the desire to make a positive impact on their lives.





MY HOME

My home is a cozy and welcoming space I have made my own. My neighborhood is a quiet and family-friendly community that is close knit and supportive. It is located in a great area with easy access to parks, shops, and restaurants. There are plenty of local attractions nearby, including a zoo, an aquarium, and several museums. I love taking advantage of the many outdoor activities in the area, such as hiking, biking, and kayaking. The school district in my area is highly rated. I have researched and visited the schools in the area and am confident they will receive an excellent education.

my

friends

My close-knit group of friends from the Army, NGOs, Volunteer groups, and Church is a diverse and extraordinary bunch. Despite our different backgrounds and professions, we share a deep bond and a common purpose of making a positive difference in the world. We understand the importance of unwinding and connecting with one another, so we make it a point to get together often for weekends and dinners. These gatherings are filled with laughter, heartfelt conversations, and shared experiences. We cherish these moments as they not only strengthen our friendship but also provide a space for support and understanding. Additionally, we love to embark on adventures together and explore new places. Whether it's a road trip, a hiking expedition, or an international getaway, our travels are a testament to the shared joy and lifelong memories we create.

Through these experiences, we not only grow individually but also deepen the bond that unites us as a remarkable group of friends. By navigating new environments and facing challenges together, we build a sense of camaraderie and create lasting memories. As friends we provide support and understanding to one another. We are there for each other during both the ups and downs, offering a shoulder to lean on and a listening ear. This support system strengthens our friendship by creating a sense of belonging and fostering a safe and nurturing environment. Through these various means, we continuously nurture and strengthen our bond, creating a tight-knit and enduring friendship.

New Orleans, NOVA Conference



Bali, Holistic Retreat

Paris, Climate Summit



California, WWP



Syria, Girls School



Kuwait, Children's Hospice



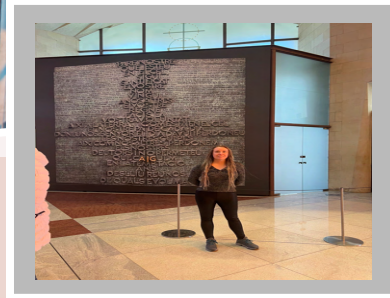
Saudi Arabia, First Concert in History



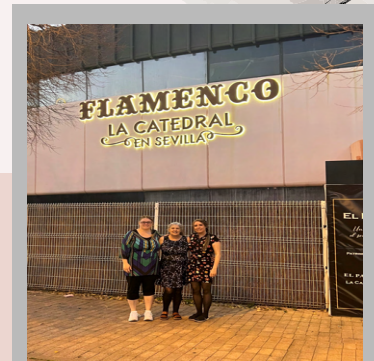
Egypt, Culture Tour



London, England



Vatican City

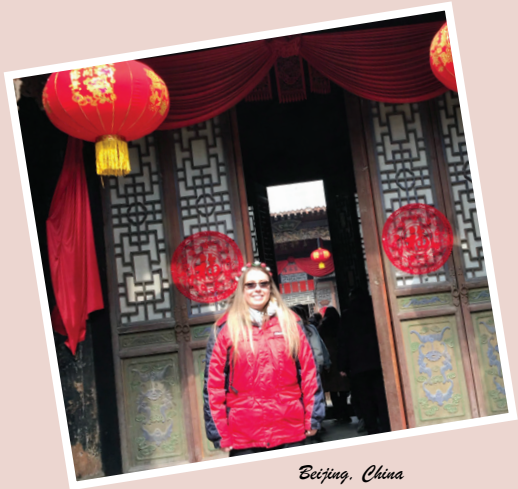


Spain

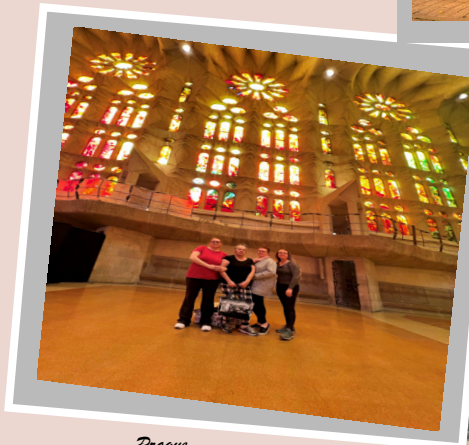


Washington, DC

my travels



Beijing, China



Prague



Pattaya, Thailand



Bahrain

I have been fortunate enough to travel extensively, having visited over 30 countries. Exploring new places and experiencing different cultures has always been a passion of mine. One tradition that I cherish is going on a "girls trip" every year with my mom and sisters. This is going to be big part of your child's life because I find these trips to be beneficial in so many ways. It's a time for us to bond, create lasting memories, and embark on exciting adventures together. Whether we're exploring vibrant cities, relaxing on pristine beaches, or immersing ourselves in the beauty of nature, these trips have become a cherished tradition that brings us closer as a family. Taking a trip with my mom and sisters provides an opportunity to strengthen our bond and create lasting memories. It allows us to spend quality time together, away from the usual responsibilities and distractions of daily life. Traveling with other women can be empowering. It creates a supportive environment where we can share experiences, stories, and challenges. It's a chance to uplift and inspire each other, fostering a sense of camaraderie and empowerment. These trips open doors to shared adventures and new experiences. It allows us to explore new destinations, try exciting activities, and create unique memories together. Taking a break from the routine and indulging in relaxation can be rejuvenating. A trip offers an opportunity to unwind, de-stress, and focus on self-care. It provides a chance to recharge and come back refreshed. Traveling to different countries exposes us to diverse cultures, traditions, and perspectives. It broadens horizons and facilitates personal growth. Experiencing different cuisines, languages, and customs together enhances cultural understanding and appreciation.

Parenting Style



As a psychologist I understand different parenting styles, and as I understand the different aspects and approaches, a lot of parenting comes from how the child responds. As we grow together my parenting style will also grow and emerge based on how they respond. This is my philosophy on what ideally I would like my parenting style to be. A nurturing and empathetic approach to raising children. I will prioritize building a strong and loving connection with them, seeking to understand their emotions and needs. Instead of resorting to punishment or rewards, I choose to guide and teach through positive discipline techniques. I believe in setting clear and consistent boundaries while respecting a child's autonomy and individuality. Emphasize communication, active listening, and problem-solving, fostering a healthy and respectful relationship with them. By practicing gentle parenting, I can create a safe and supportive environment where they can thrive and develop into a confident and compassionate individual. Build a strong and loving connection with them by focusing on nurturing and maintaining a close bond. This involves actively engaging with them through positive and responsive interactions. I will prioritize spending quality time with them, engaging in activities that promote connection and emotional closeness. Also, prioritize open and honest communication, actively listening to their thoughts, feelings, and concerns. By being attuned to their needs, I can create an environment where they feel safe, supported, and loved. This strong and loving connection forms the foundation for a trusting and secure relationship between parent and child.

The various activities I will engage to promote connection and emotional closeness are quality time and uninterrupted time with them. Involving activities such as reading together, playing games, going for walks, or simply engaging in conversation. Actively listen to them without judgment or interruption. Creating a safe space for them to express their thoughts, feelings, and concerns, and I respond with empathy and understanding. I will take an interest in their hobbies and passions. Engage in activities that they enjoy, whether it's playing a musical instrument, painting, or playing a sport. Most importantly check in with their emotional well-being. Create opportunities for them to express and process their emotions, whether through conversations, journaling, or other creative outlets. Show physical affection to them through hugs, cuddles, and gentle touch. Physical touch can help foster a sense of security, comfort, and emotional connection. Lastly, create meaningful family rituals that promote connection and togetherness. This includes regular family meals, bedtime routines, and special traditions that hold significance for the family.

My Promise to you,



All we have is one breath of time on this earth, this forces us to be efficient and purposeful, so we can be immersed in the wonder around what is called life. When I stopped long enough to engage my heart and reflect on how I truly want to live, I started to see moments as an opportunity, as something beautiful to share. I have reached a point in my life where I want a child to cherish, love, respect and help build a better future. We settle into moments framed by an idyllic rhythm that seems of another world, another time. These are heavy moments that transcend typical conversational interactions, and it takes a lot of presence and intention. Not every moment will be a “fairytale,” I don’t have the power to give or receive the future each of us may be entitled to or even predict a tomorrow. But I can give myself, and I can give a child hopes and dreams and my fullest presence in moments. I will stand by this child willing them to know, with my nearness alone, the depths of my love. That whatever may or may not be coming, they are so much more than enough. I will be there in the times of happiness, and I will also be there when the time comes to bring the ground back beneath us. What I am offering is a family with space to be heard together and apart, a structure of family that is forged with the strengths of independent people. I will be invested in their individuality, in their solo moments, as well as togetherness. Because that kind of love allows everyone time to speak with freedom, spirit, and respect.

**With Love,
Antoinette**

